

Freedom from Fear Part 1
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Psalm 34:1-22 KJV

I will bless the Lord at all times: his praise shall continually be in my mouth. [2] My soul shall make her boast in the Lord: the humble shall hear thereof, and be glad. [3] O magnify the Lord with me, and let us exalt his name together. [4] I sought the Lord, and he heard me, and delivered me from all my fears.

Verse one says "I will bless the Lord when its going good? His praise when I feel good? No, no, no, no, continually! When are you to bless the Lord, and praise God? Continually. So should we magnify the Lord not the problem! The Lord, not the disease! The Lord, not the debt! The Lord, not the marriage problem! The Lord not the sin!

If we would do that wouldn't our lives be completely different? Any time you talk about the problem, "ooooo its cancer", speaking in hushed tones, "oooo its aids, its cancer, its incurable". "Oh, but you don't understand the seriousness of the situation. My case is not like everyone else's".

Yes it is! The Bible says that nothing has happened to you that is not common to people. 1 Corinthians. 10:13 (KJV) There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

"Yes but you don't understand, my marriage isit's a huge problem!"

You should hear some I have heard, you'd think yours is small.

That's magnifying the problem. But we don't magnify the problem we magnify the Lord.

Oh its cancer or sickness, but Oh what a Healer we have!

Oh what a debt, Oh what a Provider!

Oh its such an awful sin, Oh but the blood!

What do you magnify? What do you emphasize?

The verse says OH MAGNIFY THE NAME. Let us exalt His name, not the problem! His name together. I sought the Lord and he heard me and delivered me from all of my fears. To magnify means to sing praise- how many of you when you are in fear sing and talk to your self? God says to magnify him, so sing praises to him.

I sought the Lord and He heard me and delivered me from all my fears. So I am FREE FROM ALL FEAR.

He delivered me and you from what? A bunch of my fear? 85% of my fears? NO ALL of my fears. If you are delivered from all of your fears how many is left?

Fears of what, free from all fear, afraid of nothing!! A little bit??? NO you will have no fears. Fear Free!

No phobias, not afraid of a car wreck, not afraid of a plane crash, not afraid of eating the wrong thing, not afraid of your employer, not afraid of an allergy, not afraid of a divorce or something happening to your kids, afraid of nothing! No fear of lack, of hunger, of homelessness. Not afraid of the dark. Nothing.

Most of us have some kind of fear in us. Just like faith is instilled in children so is fear.

Psalm 34:4 I sought the Lord and what happened then? He delivered me from all of my fears and I became fear free. Alleluia.

That's what happens when you seek the Lord and because of that He will deliver you from all your fears. You will be afraid of nothing!

I sought the Lord and he delivered me--another translation says he has freed me from all my fears.

Lets go to find out where fear began. In Genesis we will find the source of fear. Genesis 3:8 is where we see the first reference to fear. Prior to this we see no reference to fear. Check it out for yourself.

God made the heavens and the earth, He made man, He made woman, He made the garden and put them in the garden to dress it and keep it and He fellowshiped with them.

He told Adam to name the animals and man/woman and God had fellowship, full-unhindered fellowship, they must not have had any fear.

We had every indication that He would fellowship with them on a daily basis, we don't have any indication that any fear was in the relationship.

In Isaiah--The Bible tells us that soon and very soon we are going to be changed. It prophesies that the lion will lay with the lamb, the child will play in the serpents den, (pull a snake out and play with it-twist it up and use it for a headband) A child and there would be nothing that would hurt or harm him on God's holy mountain. I can't wait until that day, but today since we have to wait, we can still be delivered from all fear.

Ever since we have been in the world we are accustomed to it is because we have experienced the curse.

We have experienced creation that is skewed and changed by death.

We see animals afraid of other animals and animals afraid of us and us afraid of animals, men afraid of other men and men afraid of machines.

But that was not so from the beginning that was not part of God's original creation. Adam and eve were not afraid of a lion, they named him, not afraid of tigers, elephants, there was nothing to be afraid of. The animals were not afraid of each other either. All this fear that is in the world was never part of God's plan. You don't see any reference to it or indication of it until Adam and Eve sinned and fell.

In Genesis 3 the Serpent was crafty and deceptive and he appealed to them regarding the tree of the knowledge of good and evil and they listened and they yielded and they ate.

Genesis 3:7-8 And the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together, and made themselves aprons. [8] And they heard the voice of the Lord God walking in the garden in the cool of the day: and Adam and his wife hid themselves from the presence of the Lord God amongst the trees of the garden.

Had they done this before? Had they ever hid from God before?

Is there any indication that they had hid themselves from God before?

NO, this is markedly different than their prior relationship with God. .

What is different? Why is it different? They sinned. That is what is different from the day before.

Genesis 3:9 KJV And the Lord God called unto Adam, and said unto him, Where art thou?

Sometimes we read over these things and don't really know what is going on. Does the Lord know where Adam is? Yes He does. So what is He saying? Why aren't you here like always? You are always here, we do this all the time, why not now? What are you doing?

Genesis 3:10-12 And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself.

That's not the whole story. Is he afraid because he is naked? No! He is afraid because he sinned. The Lord told them that if they would eat of the tree that He told them not to eat what would happen to them? They would die. That sounds like scripture in the New Testament- Romans 6:23 For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

The wages of sin is death, the pay for sin is death. But the gift of God, is grace, life, righteousness, restoration. . Gift and pay are two different concepts.

What we have received from the Lord is not pay it is a gift, our forgiveness, righteousness, cleansing, our name in the Lamb's book of life. None of that is pay or something we earned. It is a free gift. We didn't earn it or deserve it. But the pay for sin is death. Pay or wages is something you deserve. You worked for it. You earned it, you deserve it.

If you work hard all week at your job and at the end of the week they come to you with your paycheck and say we want to give you this gift, you say no I earned this. I worked for it. I deserve it. You put in the time you deserve it.

Well when you put in the sin, you deserve it. You deserve death. They knew that. They felt that, that is why they were scared and that is why they went and hid. And they knew they deserved punishment and they knew they deserved death so that creates fear. Fear of death. Fear of destruction, of punishment. It is so important.

Why would you be afraid of the punishment? Because you are guilty.

Before this they weren't guilty of anything, any sin, so they had no fear of punishment and they walked freely with God, no clothes, no shame, no guilt, no sense of inferiority. At no time when God raised his hand did they flinch and say "Whoa, are you sure we should be here with God? You know Hes' holy. " No you will see that this never crossed their minds.

You will see this in little ones, pretty small. They haven't determined the difference between right and wrong and good and evil. They will just blab right in the middle of something. They don't have a question, "do I deserve to be here?" "do I deserve this popsicle?" You will never see a little one like that saying, "oh, I'm so unworthy, Oh, I'm not worthy of a cupcake, I'm so unworthy." No not at all they just step right up and appropriate. Not the least bit of sense of inferiority. That is how we are supposed to be. Jesus said "Of such is the kingdom of heaven" and that is how Adam and Eve were in the beginning. It never crossed their minds that they did not have a right to be in the garden. It didn't cross their mind that they didn't have a right to be in the presence of the Almighty and be able to speak up and say whatever they wanted to say and do whatever they wanted to do. It was completely unhindered, unfettered, relationship, NO FEAR at all. But it all changed when they sinned.

Now what happens? Guilt, condemnation and fear. He said, I was afraid because I was naked. Look at what God says: Genesis 3:11 And he said, Who told thee that thou wast naked? Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat?

And the story goes on. This is where fear began. This is the source of it. The failure and the sin. Is this from God? Was this God's perfect will? No, then should we have fear in us.

I used to instill fear in my children through ignorance. I used to tell them, be careful you might break your arm doing that trick on your bike, or don't go near those dogs because you might get bitten, or don't go play in the street because you may get ran over. The devil is always trying to get fear into little ones and he uses us sometimes.

So do you tell the kids its ok. No you don't. But you must watch how you do it. There shouldn't be any fear in what you say to them, none!

I have respect for what a rattlesnake can do. I don't have a snake for a pet. I do not have a fear of snakes.

I have a respect for what several tons of airplane and several pounds of thrust can do to me and what thunderstorms can do. But I do not have a fear of flying or crashing.

There is a huge difference between respect and fear. We must teach our children properly that this is what these things can do, but there is no reason to be afraid because God is with you, your angels are with you and if we are led by the Holy Spirit and we stay in faith God will keep us and protect us and we won't be in a place where we shouldn't be. There will be no fear. NO FEAR.

The Bible says that "what you fear the most will come upon you"

Job 3:25 (KJV) For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me.

We must not open the door to the devil and invite him to do things in our lives. That's why we must be fear free.

Lets look at Romans 13:1-14: Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God. [2] Whosoever therefore resisteth the power, resisteth the ordinance of God: and they that resist shall receive to themselves damnation (*condemnation*). [3] For rulers are not a terror to good works, but to the evil.

Rulers are anyone in authority, from the President of the United States to the Sheriff, to the State Troopers. They are not a terror to good works but to evil. So if you see blue lights flashing in your rear view mirror and you feel fear, why would you feel fear? If you never speed, you know everything on your car is up to code, you have the right paperwork, you don't have any outstanding warrants against you. Why should you be afraid? Well if you know that you have been ripping down the road, slid around the last three corners and exceeded the legal speed limit by 30 mph then that's why you know "OH OH!!"

The rest of the verse says: Wilt thou then not be afraid of the power? do that which is good, and thou shalt have praise of the same: [4] For he is the minister of God to thee for good.

Do you realize that the people in authority, our policemen, our firemen, our National Guard, our military are ministers of God? A lot of people don't think like this but its true. They are ministers of God to thee for good. BUT.....

But if thou do that which is evil, be afraid; for he beareth not the sword (or the ticket book) in vain: for he is the minister of God, a revenger to execute wrath upon him that doeth evil. [5] Wherefore ye must needs be subject (to the authorities) , not only for wrath, but also for conscience sake.

The root and the source of fear...for conscience sake.. a sense of having done wrong and having a sense of deserving some form of punishment or penalty. If you know that you have done wrong then you are afraid of what is going to happen next. But if you know you haven't done wrong then that cause is removed. So if you want to be free from fear of the one in authority then do what is right and he will commend you, but if you do wrong—be afraid, because he doesn't bear the sword (ticket book) in vain (for nothing).

Realize what the blood has done for us. Realize that we are cleansed, we are forgiven, we deserve no punishment for that sin. Jesus took that sin and the punishment so we wouldn't have to pay the price for my sin. SO I deserve NO punishment for my sin. No matter how badly we have made mistakes, no matter what we have done if we will just turn to Jesus, repent, realize that His blood covers our sins, He has made us worthy. We have nothing to fear.

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